


# Weight Management Tracker for Cats

Track your cat's daily meals, treats and activities in this handy chart and make sure to bring it with you to your next veterinary visit.


Your Name \_\_\_\_\_ Your Cat's Name \_\_\_\_\_  
 Your VCA Hospital \_\_\_\_\_ Current Weight \_\_\_\_\_ Ideal Weight\* \_\_\_\_\_  
 Recommended Calorie Intake\*\* \_\_\_\_\_ Cat's Current Diet \_\_\_\_\_

Day 1 (Sample)	Day __	Day __	Day __	Day __	Day __	Day __	Day __
01/12 (mm/dd)							


## FOOD

	1/4 cup delish cat food at 8am						
	1/4 cup delish cat food at 7pm						

## TREATS

	3 tasty cat treats at night						

## ACTIVITY

	Chase laser pointer for 15 min. in the afternoon						

\*If you do not know your cat's ideal weight, please consult your veterinarian. \*\*Ask your veterinarian to calculate your cat's recommended daily calorie intake.



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