

# Quick tips on how to keep your pup cool in this weather

Make sure they have plenty of water to have access to.

## Avoid mid-day walks

(Hint: Check the pavement for heat before taking your dog on a walk. Place your hand on a bare foot on the surface for 10 seconds. If it is too hot for you to keep your hand or foot on it, then it is too hot for your pet).

**DO NOT leave a dog in an unattended, hot car!**

Keep your dog indoors and let them spend the hottest part of the day in the coolest part of the living space.

When on walks, bring along water for you and your pet. If your dog is panting or seems sluggish, stop in a shady area to offer them a break and water.

Give cold treats such as frozen low-sodium beef or chicken broth frozen in ice cubes.

Use a cooling pad or lay a damp towel down on the floor for your dog to cool down.