




Weight Management Tracker for Cats

Track your cat's daily meals, treats and activities in this handy chart and make sure to bring it with you to your next veterinary visit.

Your Name _____ Your Cat's Name _____

Your VCA Hospital _____ Current Weight _____ Ideal Weight* _____

Recommended Calorie Intake** _____ Cat's Current Diet _____

Sample Day		Day 1	Day __	Day __	Day __	Day __	Day __	Day __	Day __
Date: mm/dd									
FOOD									
	1/4 Cup Delish Cat Food at 8am								
	1/4 Cup Delish Cat Food at 7pm								
TREATS									
	3 Tasty Cat Treats at Night								
ACTIVITY									
	Chase laser pointer for 15 min. in the afternoon								

* If you do not know your cat's ideal weight, please consult your veterinarian. **Ask your veterinarian to calculate your cat's recommended daily calorie intake.