# Weight Management Tracker for Dogs

Track your dog’s daily meals, treats and activities in this handy chart and make sure to bring it with you to your next veterinary visit.

**Your Name**

**Your VCA Hospital**

**Recommended Calorie Intake**

**Your Dog’s Name**

**Current Weight**

**Ideal Weight**

**Dog’s Current Diet**

## Sample Day

<table>
<thead>
<tr>
<th>Sample Day</th>
<th>Day 1</th>
<th>Day 2</th>
<th>Day 3</th>
<th>Day 4</th>
<th>Day 5</th>
<th>Day 6</th>
<th>Day 7</th>
<th>Day 8</th>
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</thead>
<tbody>
<tr>
<td>Date: mm/dd</td>
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### FOOD

- 1/4 Cup Delish Dog Food at 7am
- 1/4 Cup Delish Dog Food at 9pm

### TREATS

- 2 Tasty Dog Treats at Night

### ACTIVITY

- 2 Mile Walk

*If you do not know your dog’s ideal weight, please consult your veterinarian. **Ask your veterinarian to calculate your dog’s recommended daily calorie intake.*